



AQUAFIT
BASE

Golfinho[®]
SPORTS 

H965

AQUAFIT BASE

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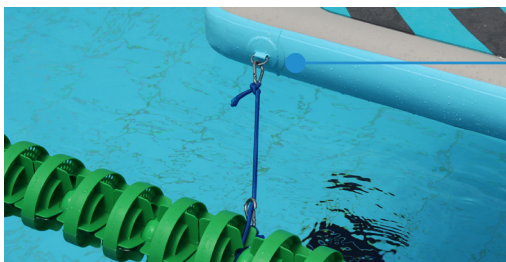
DESCRIPTION

Inflatable water platform specifically developed for training on the water surface. Having as main characteristics its rigidity and ability to float, the Golfinho AQUAFIT Base guarantees the strength and safety necessary to perform multiple exercises in water. It has a training area coated with EVA that minimizes the impact during the exercises.

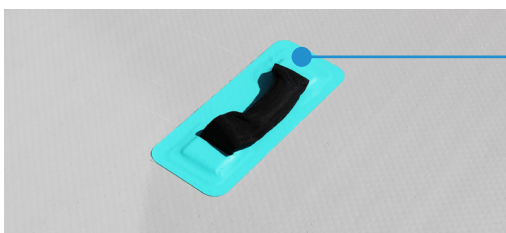
FUNCTION

Equipment developed to be used on the surface of the water, having as main characteristic the constant instability when performing exercises. It is designed to be used in aquatic fitness, rehabilitation and aquatic personal trainer.

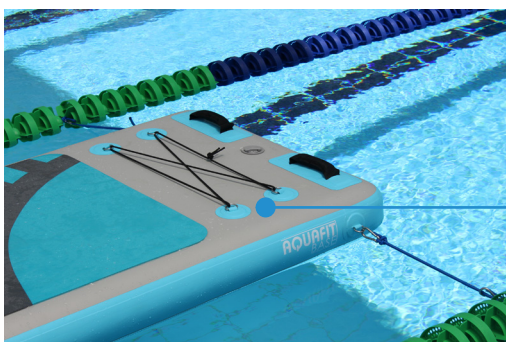
- Multifunctionality
- Front and Side Fixation
- Balance
- Stability
- Mobility



6 **Fixing rings** that allow two types of anchoring: front and side.



1 **Transport handle** on the back of the platform.

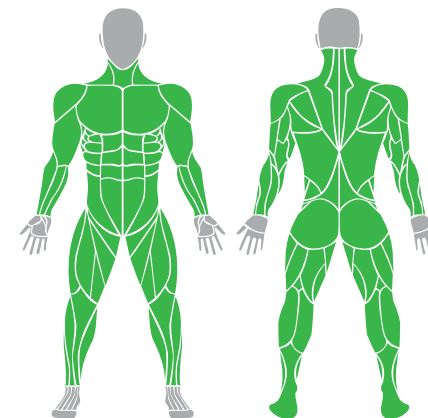


4 **Support / transport handles** on the surface of the base that allow the combination of elastic bands and other accessories for carrying out exercises and facilitate transport.

Support elastic on the front of the base to attach training accessories, water bottle, etc.

EXERCISE OBJECTIVES

Induced by its main characteristic, it forces the practitioner to a total concentration during the execution of the exercises, as well as to a greater neural stimulation of the stabilizing muscles. Its capabilities make it possible to prescribe exercises with benefits for global, localized muscle strength as well as for the stimulation and development of cardiorespiratory capacity. The difficulty in exercising can be started in the way the tension placed on the anchoring of the bases is defined.



INTERVENTION AREAS

- . Aquatic fitness;
- . Aquatic rehabilitation.

INDICATED FOR:

Can be used by adults and adults with pathologies and athletes. The development and design of the equipment was not intended for use with children.

USE:

- . Deep water;
- . Shallow water.

AVAILABLE ACCESSORIES:

- . High pressure hand pump;
- . Fixing accessories;
- . High Pressure Electric Air Pump;
- . PVC Storage Golfinho for Aquafit Base.
- . Transport Backpack;

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